

BULLYING

Lower Moreland Township School District is committed to preventing all forms of bullying, cyberbullying and harassment. If you, or someone you know is being bullied, you are not alone. There are people and programs in place ready to help.

WHAT IS BULLYING?

Lower Moreland School District takes any accusation of bullying very seriously. In fact, there is an entire section devoted to bullying in the School Board policy. Bullying is defined in School Board Policy 249-Bullying/Cyberbullying as follows:

"A person is bullied when he or she is exposed, repeatedly and over time to negative actions on the part of one or more other persons, and he or she has difficulty defending himself or herself" (Oweus Bullying Prevention Program). Bullying is aggressive behavior that involves unwanted negative actions. Bullying involves a pattern of behavior repeated over time. Bullying involves an imbalance of power or strength. Bullying as defined in this policy involves cyberbullying."

WHAT IS THE PA SAFE2SAY SOMETHING PROGRAM?

There are many programs in the Lower Moreland Township School District and community that are designed to help stop and prevent all forms of bullying. One program in particular is called the Safe2Say Something program.

The Safe2Say Something program is run by the Pennsylvania Office of Attorney General. It teaches you what signs to recognize if someone is a threat to themselves or others, and how to help before it's too late.

You can also file an anonymous report into the program's crisis center system and it will notify school administration and law enforcement to intervene. Learn more at Safe2SayPA.org

FILE A COMPLAINT ONLINE

We are always available online to help anyone who feels they've been bullied. We've dedicated a section of the District's website specifically to address instances of bullying and provide information to help. To file a bullying, cyber bullying, or unlawful harassment complaint, or learn more about bullying and prevention programs, go to tinyurl.com/LMTSDBullying.



BULLYING INFORMATION AND PREVENTION RESOURCES

You are not alone when it comes to standing up to bullying. There are several District and community organizations, initiatives, resources and programs ready to help students and parents. Take a look at the list below, or visit tinyurl.com/LMTSDBullying to learn more.

School & Parent Resources

StopBullying.gov

PACER.org: National Bullying Prevention Center

Safekids.com

Tolerance.org

commonsensemedia.org/

adl.org/

netsmartzkids.org/

LMTSD Committees & Task Forces

District Safe Schools Committee

District Embracing the Conversation

District Police Meetings

Community Partnerships, Resources & Structures

No Place for Hate designated schools

Lower Moreland Police Park and Walk Program

Lower Moreland Police Department Bus Buddy Program

Building-based Student Assistance Programs

Building-based Special Education Emotional Support programs

Community partnership with Aldersgate

Community partnership with Be a Part of the Conversation

Board Certified Behavior Analyst

District Risk Assessment protocol

Building-level Initiatives

Anonymous Bullying/Harassment Reporting system

PA Safe2Say Something program

Data-driven prevention structure

Classroom lessons/Forum lessons focused on bullying prevention and intervention

Responsive Classroom Morning Meetings & Circle activities

Buddy Class opportunities

Town Hall meetings

School Climate & Diversity Committees

Cyberbullying training

Digital Citizenship Curriculum

Small group and individual social skills programs including Second Step, Zones of Regulation, AIM (Accept, Identify, Move), and Superflex

Small group and individual counseling groups

Mentor program

Parent Information Tech Nights on Internet Safety and Media Balance

Parent Workshops

Disability Awareness Campaigns

Team Building opportunities for students

The Lower Moreland Township School District cares about you and is ready to help take a stand against bullying. Contact us anytime by visiting the District's website at tinyurl.com/LMTSDBullying.