



# Embracing *the* Conversation Committee



The Embracing the Conversation Committee was created in 2016.

The mission of the committee is to start a dialogue about substance abuse and mental health issues and share information and resources with the community.

The committee is made up of students, parents, community members, and District faculty and administrators.

## Committee Members

Mr. William J. Miles  
LM High School Principal  
Chairman

Deb Arnone

Kelly Brown

Jennifer Dilks

Frank Giordano

Kristen Hutchinson

Connor Killion

Mary Kochaba

Danielle Kogan

Olivia Kogan

Margaret Kreutzer

Katie Kucz

Dr. Bruce Morrison

Pastor Bruce W. Petty

Felicia Pinto

Det. Sgt. David Scirrotto

Catherine Siciliano

Dr. Brian Swank

Laura Swerdlow

Nancy Swerdlow

Sophia Ung

Jennifer Zalewski

Gina Zarzycki



## Resources

### Drug and Alcohol

### **Rehab After School**

801 Old York Road, Noble Plaza, Suite 310  
Jenkintown, PA 19046  
215-342-4400

### **Today Inc.**

1990 North Woodbourne Road  
Newtown, PA 18940  
215-968-4713

### **Therapeutic Center at Fox Chase – The Bridge**

8400 Pine Road  
Philadelphia, PA 19111  
215-342-5000

### **Key Recovery**

722 East Butler Pike  
Ambler, PA 19002  
215-542-4825

### **Rehab After School**

9815 Roosevelt Blvd, Suite B  
Philadelphia, PA 19114  
215-342-4400

### **Livengrin Foundation**

220 Commerce Drive, Suite 310  
Fort Washington, PA 19034  
215-540-8301

## **Counseling Services**

### **Aldersgate Youth Services**

Lower Moreland Student Assistance Program (SAP) provider  
42 N. York Road • Willow Grove, PA 19090  
215-657-4545

*Services provided:* counseling; teen issues; substance abuse

### **Center for Brief Therapy - PCOM**

4170 City Avenue Suite 510 • Philadelphia, PA 19111  
215-871-6487

*Services provided:* counseling-low fee, no insurance needed; private assessment

### **Child and Family Focus**

Family Service Center

2935 Byberry Road #108 • Hatboro, PA 19040

215-957-9771

and

319A South York Road • Willow Grove, PA

215-444-0846

*Services provided:* counseling, psychiatry; evaluation, wrap-around

### **Collaborative Care of Abington**

1369 Old York Road • Abington, PA 19001

215-884-1776

*Services provided:* holistic/alternative, individual and family counseling

### **CORA Services**

8450 Veree Road • Philadelphia, PA 19111

215-342-7660

*Services provided:* counseling; teen pregnancy

### **Counseling Associates of Huntingdon Valley**

42 Fetters Mill Road • Huntingdon Valley, PA 19006

215-947-4140

*Services provided:* counseling

### **Counseling Center at Holy Redeemer**

521 Moredon Road • Huntingdon Valley, PA 19006

215-938-1130

*Services provided:* counseling; psychiatric services

### **Growth Opportunity Center**

2910 Franks Road Suite 1 • Huntingdon Valley, PA 19006

215-947-8654

*Services provided:* counseling; private assessment; psychiatric services

### **Ivyland Counseling Center**

1210 Old York Road, Suite 202 • Warminster, PA 18974

215-444-9204

### **Life Counseling Services**

801 Old York Road • Jenkintown, PA 19046

800-882-2799

*Services provided:* counseling; psychiatric services

### **Park Center Wellness Collaborative**

208 N. Easton Road, Suite 204 • Willow Grove, PA 19090

215-659-8111

### **Philmont Guidance**

727 Welsh Road Suite 202 • Huntingdon Valley, PA 19006

215-914-2119

*Services provided:* counseling; psychiatric services

### **Southampton Psychiatric Associates**

1111 Street Road Suite 312 • Southampton, PA 18966

215-355-2011

*Services provided:* counseling; social skills groups; private assessment;  
psychiatric services

### **SRI Psychological Services P.C.**

200 Jenkintown Commons • Jenkintown, PA 19046

215-885-3337

*Services provided:* counseling; psychiatric services

### **The Center for Family Development**

1120 Easton Road • Willow Grove, PA 19090

215-830-8430

*Services provided:* counseling; pre-teen and teen groups

# **School Counselors**

## Pine Road Elementary School

215-938-0290

Mrs. Shannon Dallahan  
School Counselor, Grades K - 2  
[sdallahan@lmtsd.org](mailto:sdallahan@lmtsd.org)

Mrs. Hanne Laursen,  
School Counselor, Grade 3 - 5  
[hlaursen@lmtsd.org](mailto:hlaursen@lmtsd.org)

## Murray Avenue School

215-938-0230

Ms. Linda Helm  
School Counselor  
[lhelm@lmtsd.org](mailto:lhelm@lmtsd.org)

Mrs. Peg Kreutzer  
Community Counselor  
[pkreutzer@lmtsd.org](mailto:pkreutzer@lmtsd.org)

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## Lower Moreland High School

215-938-0220

Mrs. Lindsey Arrimour  
School Counselor  
[larrimour@lmtsd.org](mailto:larrimour@lmtsd.org)

Ms. Maura Quinn  
School Counselor  
[mquinn@lmtsd.org](mailto:mquinn@lmtsd.org)

Mrs. Jennifer Romano  
School Counselor  
[jromano@lmtsd.org](mailto:jromano@lmtsd.org)

Ms. Nikki Specht  
School Counselor  
[nspecht@lmtsd.org](mailto:nspecht@lmtsd.org)

Ms. Mary Kochaba  
Community Counselor  
[mkochaba@lmtsd.org](mailto:mkochaba@lmtsd.org)

